



***I get it***

**to protect**

***myself and  
my family  
from flu***

A flu shot doesn't just protect you from flu. It helps protect your community too. People with certain chronic conditions like asthma, heart disease, or diabetes are at higher risk of developing serious flu complications.

In fact, 90% of adults hospitalized with flu have an underlying medical condition. *That's why it's important for everyone to get a flu shot every year.*

**LEARN ABOUT YOUR FLU RISK.**

[cdc.gov/flu/highrisk/chronic-conditions](https://cdc.gov/flu/highrisk/chronic-conditions)



**#FIGHT FLU**